

InFocus

Education Program

For families and friends affected by someone's drug and alcohol use.

Is someone you care about using alcohol and/or drugs?

We know how difficult this is. Addiction is a complex issue that affects individuals, their families and the wider community. Families can become disconnected, our relationships suffer and we can feel isolated and helpless.

InFocus is an education program, developed by Family Drug Help, that offers practical support, relevant information, coping strategies and the opportunity for people to connect through their shared experiences. The program is facilitated by professionals who have also been impacted by someone's drug and alcohol use.

You don't have to do this alone – we've been there.

When: Wednesday 27th & 28th March 2019

Time: 9am-3pm

Where: Primary Care Connect
399 Wyndham Street Shepparton

Cost: Free, with lunch provided

Bookings are essential. Please phone **Family Drug Help** at SHARC on **1300 660 068**

